

## Monatsplan Kadertraining Juni 2019

|           |                      |                                       |         |
|-----------|----------------------|---------------------------------------|---------|
| sa 01.06. | 09.30-11.30          | C-Kader / Förder- und Vereinstraining | Coque   |
| lu 03.06. | 16.30-19.00          | A-/B-/C-Kader                         | Coque   |
|           | 18.00-20.00          | A-/B-/C-Kader                         | Coque   |
| ma 04.06. | 07.50-09.30          | Sports-Etudes                         | Coque   |
|           | 15.30-18.00          | A-/B-/C-Kader                         | Coque   |
|           | 18.00-20.00          | Regionaltraining                      | Houwald |
| me 05.06. | 07.30-09.20          | Fitnessstraining A-Kader (LIHPS)      | Coque   |
|           | 07.50-09.20          | Sports-Etudes                         | Coque   |
|           | 15.30-18.00          | A-/B-/C-Kader                         | Coque   |
|           |                      | Regionaltraining                      | Lénster |
|           | 18.00-20.00          | Regionaltraining                      | Léntgen |
| je 06.06. | 11.15-13.00          | Sport-Etudes                          | Coque   |
|           | 14.30-17.00          | A-/B-/C-Kader                         | Coque   |
| ve 07.06. | 07.50-09.30          | Sports-Etudes                         | Coque   |
|           | 15.30-18.00          | A-/B-/C-Kader                         | Coque   |
|           | 18.00-20.00          | Regionaltraining                      | Wéntger |
|           | 18.00-20.00          | Regionaltraining                      | Briddel |
| sa 08.06. | 09.30-11.30          | C-Kader / Förder- und Vereinstraining | Coque   |
| lu 10.06. | <b>Kein Training</b> |                                       |         |
| ma 11.06. | 07.50-09.30          | Sports-Etudes                         | Coque   |
|           | 15.30-18.00          | A-/B-/C-Kader                         | Coque   |
|           | 18.00-20.00          | Regionaltraining                      | Houwald |
| me 12.06. | 07.30-09.20          | Fitnessstraining A-Kader (LIHPS)      | Coque   |
|           | 07.50-09.20          | Sports-Etudes                         | Coque   |
|           | 15.30-18.00          | A-/B-/C-Kader                         | Coque   |
|           |                      | Regionaltraining                      | Lénster |
|           | 18.00-20.00          | Regionaltraining                      | Léntgen |
| je 13.06. | 11.15-13.00          | Sport-Etudes                          | Coque   |
|           | 14.30-17.00          | A-/B-/C-Kader                         | Coque   |
| ve 14.06. | 07.50-09.30          | Sports-Etudes                         | Coque   |
|           | 15.30-18.00          | A-/B-/C-Kader                         | Coque   |
|           | 18.00-20.00          | Regionaltraining                      | Wéntger |
|           | 18.00-20.00          | Regionaltraining                      | Briddel |

|           |                      |                                  |         |
|-----------|----------------------|----------------------------------|---------|
| sa 15.06. | <b>Kein Training</b> |                                  |         |
| lu 17.06. | 16.30-19.00          | A-/B-/C-Kader                    | Coque   |
|           | 18.00-20.00          | A-/B-/C-Kader                    | Coque   |
| ma 18.06. | 07.50-09.30          | Sports-Etudes                    | Coque   |
|           | 15.30-18.00          | A-/B-/C-Kader                    | Coque   |
|           | 18.00-20.00          | Regionaltraining                 | Houwald |
| me 19.06. | 07.30-09.20          | Fitnessstraining A-Kader (LIHPS) | Coque   |
|           | 07.50-09.20          | Sports-Etudes                    | Coque   |
|           | 15.30-18.00          | A-/B-/C-Kader                    | Coque   |
|           |                      | Regionaltraining                 | Lénster |
|           | 18.00-20.00          | Regionaltraining                 | Léntgen |
| je 20.06. | 11.15-13.00          | Sport-Etudes                     | Coque   |
|           | 14.30-17.00          | A-/B-/C-Kader                    | Coque   |
| ve 21.06. | 07.50-09.30          | Sports-Etudes                    | Coque   |
|           | 15.30-18.00          | A-/B-/C-Kader                    | Coque   |
|           | 18.00-20.00          | Regionaltraining                 | Wéntger |
|           | 18.00-20.00          | Regionaltraining                 | Briddel |
| lu 24.06. | 16.30-19.00          | A-/B-/C-Kader                    | Coque   |
|           | 18.00-20.00          | A-/B-/C-Kader                    | Coque   |
| ma 25.06. | 07.50-09.30          | Sports-Etudes                    | Coque   |
|           | 15.30-18.00          | A-/B-/C-Kader                    | Coque   |
|           | 18.00-20.00          | Regionaltraining                 | Houwald |
| me 26.06. | 07.30-09.20          | Fitnessstraining A-Kader (LIHPS) | Coque   |
|           | 07.50-09.20          | Sports-Etudes                    | Coque   |
|           | 15.30-18.00          | A-/B-/C-Kader                    | Coque   |
|           |                      | Regionaltraining                 | Lénster |
|           | 18.00-20.00          | Regionaltraining                 | Léntgen |
| je 27.06. | 11.15-13.00          | Sport-Etudes                     | Coque   |
|           | 14.30-17.00          | A-/B-/C-Kader                    | Coque   |
| ve 28.06. |                      | Kaderlehrgang                    | Coque   |

|            |                |                 |
|------------|----------------|-----------------|
| 04.-09.06. | Hong Kong Open | Hong Kong (HKG) |
|------------|----------------|-----------------|

|            |                     |       |
|------------|---------------------|-------|
| 14.-16.06. | IJM Luxembourg 2019 | Coque |
|------------|---------------------|-------|

|            |   |              |
|------------|---|--------------|
| 22.-23.06. | International Youth Tournament Flanders | Leuven (BEL) |
|------------|---|--------------|

|            |                           |             |
|------------|---------------------------|-------------|
| 22.-29.06. | Minsk 2019 European Games | Minsk (BLR) |
|------------|---------------------------|-------------|

|            |               |       |
|------------|---------------|-------|
| 28.-30.06. | Powerpractice | Coque |
|------------|---------------|-------|