

Monatsplan Kadertraining Januar 2020

je 02.01.	09.30-16.00	Powerpractice	Coque	sa 18.01.	09.30-11.30	B-/C-Kader/Förder- und Vereinstraining	Coque
ve 03.01.	09.30-16.00	Powerpractice	Coque	lu 20.01.	16.30-19.00	A-/B-/C-Kader	Coque
sa 04.01.	09.30-16.00	Powerpractice	Coque		18.00-20.00	A-Kader	Coque
lu 06.01.	16.30-19.00	A-/B-/C-Kader	Coque	ma 21.01.	15.30-18.00	A-/B-/C-Kader	Coque
	18.00-20.00	A-Kader	Coque		18.00-20.00	Regionaltraining	Houwald
ma 07.01.	15.30-18.00	A-/B-/C-Kader	Coque	me 22.01.	07.30-09.20	Fitnessstraining COSL-Kader (LIHPS)	Coque
	18.00-20.00	Regionaltraining	Houwald		07.50-09.20	Sports-Etudes	Coque
me 08.01.	07.30-09.20	Fitnessstraining COSL-Kader (LIHPS)	Coque		15.30-18.00	A-/B-/C-Kader	Coque
	07.50-09.20	Sports-Etudes	Coque			Regionaltraining	Lénster
	15.30-18.00	A-/B-/C-Kader	Coque		18.00-20.00	Regionaltraining	Léntgen
		Regionaltraining	Lénster	je 23.01.	11.15-13.00	Sport-Etudes	Coque
	18.00-20.00	Regionaltraining	Léntgen		14.30-17.00	A-/B-/C-Kader	Coque
je 09.01.	11.15-13.00	Sport-Etudes	Coque		11.15-13.30	B-/C-Kader	Coque
	14.30-17.00	A-/B-/C-Kader	Coque	ve 24.01.	07.50-09.30	Sports-Etudes	Coque
ve 10.01.	07.50-09.30	Sports-Etudes	Coque		15.30-18.00	A-/B-/C-Kader	Coque
	15.30-18.00	A-/B-/C-Kader	Coque		18.00-20.00	Regionaltraining	Wéntger
	18.00-20.00	Regionaltraining	Wéntger		18.00-20.00	Regionaltraining	Briddel
	18.00-20.00	Regionaltraining	Briddel	sa 25.01.	09.30-11.30	B-/C-Kader/Förder- und Vereinstraining	Coque
sa 11.01.	09.30-11.30	B-/C-Kader/Förder- und Vereinstraining	Coque	lu 27.01.	16.30-19.00	A-/B-/C-Kader	Coque
lu 13.01.	16.30-19.00	A-/B-/C-Kader	Coque		18.00-20.00	A-Kader	Coque
	18.00-20.00	A-Kader	Coque	ma 28.01.	15.30-18.00	A-/B-/C-Kader	Coque
ma 14.01.	15.30-18.00	A-/B-/C-Kader	Coque		18.00-20.00	Regionaltraining	Houwald
	18.00-20.00	Regionaltraining	Houwald	me 29.01.	07.30-09.20	Fitnessstraining COSL-Kader (LIHPS)	Coque
me 15.01.	07.30-09.20	Fitnessstraining COSL-Kader (LIHPS)	Coque		07.50-09.20	Sports-Etudes	Coque
	07.50-09.20	Sports-Etudes	Coque		15.30-18.00	A-/B-/C-Kader	Coque
	15.30-18.00	A-/B-/C-Kader	Coque			Regionaltraining	Lénster
		Regionaltraining	Lénster		18.00-20.00	Regionaltraining	Léntgen
	18.00-20.00	Regionaltraining	Léntgen	je 30.01.	11.15-13.00	Sport-Etudes	Coque
je 16.01.	11.15-13.00	Sport-Etudes	Coque		14.30-17.00	A-/B-/C-Kader	Coque
	14.30-17.00	A-/B-/C-Kader	Coque	ve 31.01.	07.50-09.30	Sports-Etudes	Coque
ve 17.01.	07.50-09.30	Sports-Etudes	Coque		15.30-18.00	A-/B-/C-Kader	Coque
	15.30-18.00	A-/B-/C-Kader	Coque		18.00-20.00	Regionaltraining	Wéntger
	18.00-20.00	Regionaltraining	Wéntger		18.00-20.00	Regionaltraining	Briddel
	18.00-20.00	Regionaltraining	Briddel				

2.1-4.1.	Powerpractice	Coque (LUX)
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22.1-26.1.	2020 ITTF World Team Olympic Qualification Event	Gondomar (POR)
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13.1-17.1	Stage Preparation World Team Olympic Qualification Event	Coque (LUX)
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28.1-2.2.	2020 ITTF World Tour Platinum, German Open	Magdeburg (GER)
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